

Giving Grace Matters

Your Plan of Action - Activity #2 - Bring grace to your interactions.

Describe what happened in a recent interaction:

Who was involved	When did it happen	Where were you	What was the issue

Evaluate how you communicated in this interaction. How, if at all, did grace show up?

Types of grace	Presence in this interaction
Compassion for self and others	
Authentic kindness	
Respect for human dignity	
<u>Your</u> definition of grace	

What is one thing, in the next 24 hours, that you can do to bring a little more grace to something similar?
